

PARTICIPATION AGREEMENT IN "WISE LEADERSHIP" MODULE TRAINING

Please read mindfully and familiarize yourself with the following guidelines for participation.

After taking the decision to participate in the retreat, please print, sign and email signed Agreement of Participation to zapisy@esterasaraswati.com, giving the name of the retreat and date in the email title.

1. I understand that the WISE LEADERSHIP training focuses on development and acquiring professional skills to run groups and be a wise leader and is not a therapy

This program is designed for my individual development of leadership skills. I agree to keep the content of the program to myself and not to teach / pass on any parts of the course without the prior written consent of the author, unless it is agreed otherwise with the author during the course. I understand that everything that occurs during this retreat, from opening to closing circle, is a part of a transformational process of the event. I agree to bring everything into the circle and stay transparent and honest to myself and the group.

2. I agree to maintain confidentiality. This means not disclosing any individual's identities, stories, and experiences.
3. I agree to request support, guidance and help using clear direct requests when I desire it.
4. I agree to ask people if they want feedback before I give it to them, and at a time that is suitable for both of us.
5. I agree to show up to each session on time. In exceptional situations, if I feel unable to come for classes for any reason or I want to leave them, I will inform the facilitator
6. I agree to speak to other people with respect and not to use verbal, emotional and physical violence, from the beginning to the end of the course. While expressing myself, I will talk only about my own needs and emotions, not other people's.
7. I agree to come to classes free from consciousness-inducing substances such as sacred plants, alcohol, drugs or other substances.
8. If at any time I feel that the retreat is not appropriate for me or I wish to leave the retreat, I agree to bring my concerns directly to Estera Saraswati.
9. I understand that if I exceed or break these agreements, I may be compromising the value I could receive from this retreat or I may be asked to leave the retreat by Estera Saraswati.
10. I understand that if I leave the course, as a result of my own decision or by breaking / exceeding the above agreements, the unused fee for the course and the venue is non-refundable. I agree to leave the venue and site immediately.

I have read, understood and agreed to the above agreements.

Module(s) nr _____ Date of module(s) _____

Full Name _____ LEGIBLE Signature _____

Date of signing _____